



# Everything You Need to Get Moving This Fall

## **\$0** Enrollment Fee with Code: **FITFOCUS**<sup>1</sup>



Top-brand gym options for just \$28/mo.2



Premium boutique exercise studios at 20%-70% off<sup>2</sup>



No long-term contracts—switch gyms or cancel with ease



Create a free account to get 15,000+ at-home workout videos



Personalized well-being coaching<sup>3</sup> for nutrition, stress, sleep, and now GLP-1 assisted weight loss (New!)

## 12,700+ Standard Gyms













+ More

### 9,800+ Premium Gyms













+ More

## PARO FITNESS MEMBERSHIP

12,700+ FITNESS CENTERS

Active&Fit

### Learn More:

To enroll, follow this link - https://one.dtcc.com/employee-central/total-rewards/Benefits/usbenefits/Pages/Wellbeing-Programs.aspx

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 $<sup>^1</sup>$ \$28 enrollment fees waived for standard and premium gyms 9/1/25 12:01 a.m. - 11/30/25 11:59 p.m. PT.

<sup>&</sup>lt;sup>2</sup> Plus applicable enrollment fees and taxes. Costs for premium exercise studios exceed \$28/mo. plus applicable enrollment fees and taxes. Fees vary based on premium exercise studios selected.

<sup>&</sup>lt;sup>3</sup> The Active&Fit Direct" program is not a medical provider or pharmacist, and its coaches do not offer medical or pharmaceutical advice. They cannot and do not diagnose or treat medical, mental health, or other health conditions. Coaches provide general information for educational purposes only. For any medical or health concerns, consult a qualified healthcare professional.