

- MAVEN OVERVIEW

The logo consists of three interlocking circles arranged horizontally, with the left and right circles partially overlapping the central one.

MAVEN



Maven is the industry
leading virtual clinic
for women and
families.



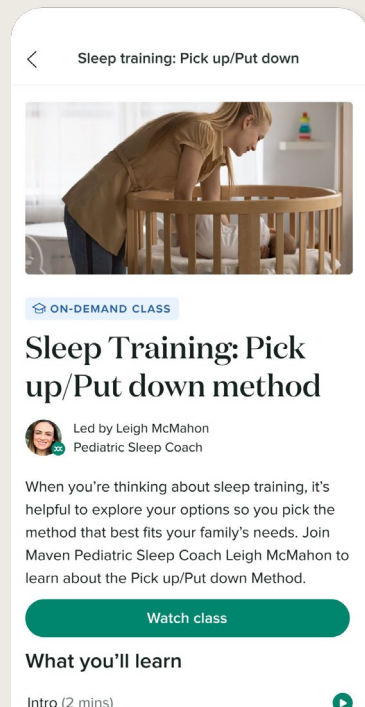
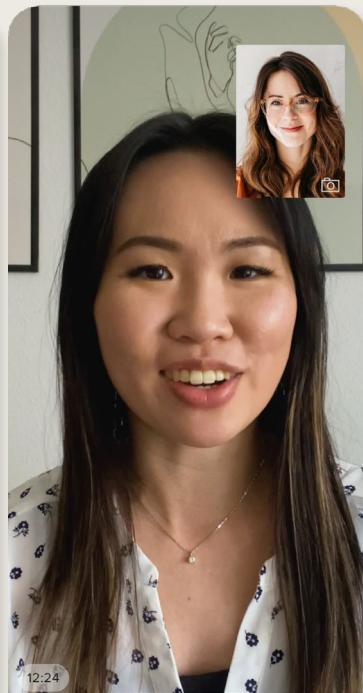
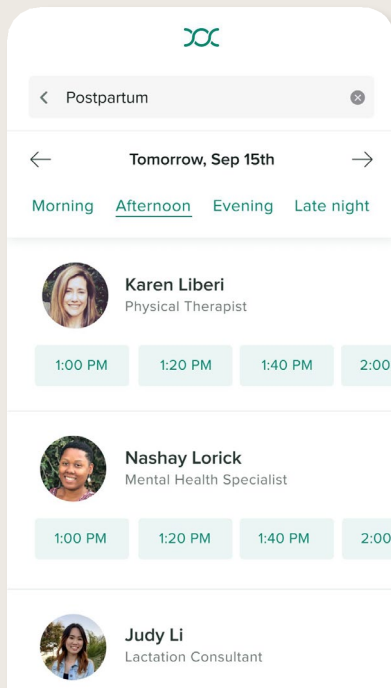
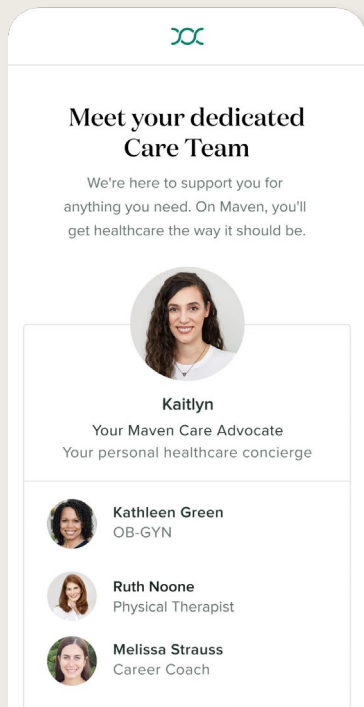
mavenclinic.com/join/cr-overview

With Maven, every member has 24/7 access to:

A personalized,
dedicated Care Advocate

Unlimited video appointments or messaging
with 35+ types of doctors, specialists and
coaches

On-demand classes, community
forums and expert-approved articles



The care advocate that everyone deserves.

Our Care Advocates are here to help you:

- Understand your employer's healthcare benefits
- Build a personalized care team of providers based on your needs
- Find in-person providers and make referrals
- Navigate the ups and downs of your maternity journey

Our Care Advocates are here for you day or night:

- **<1 hour** average response time, 24/7/365
- **<48 hours** turnaround time for in-person, in-network referrals



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Meet Kaitlyn



Your Care Advocate

Hi, I'm Kaitlyn, your Care Advocate. Message me at any time for help with anything you need, including but not limited to:



Connecting you to the right specialists over video chat and messaging.



Get referrals to top in-person, in-network specialists in your area.



Get help navigating your company

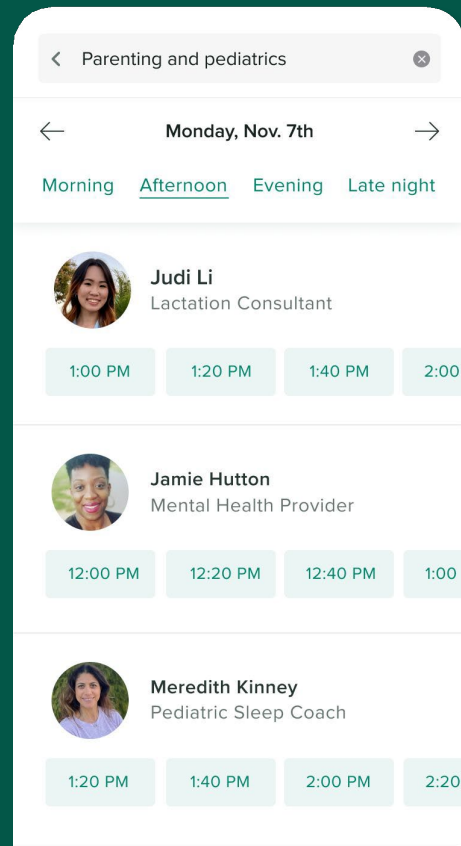
24/7, on-demand access to virtual support

Your Maven membership includes:

- Unlimited coaching and education through video appointments or messaging
- Access to a network of more than 850+ reproductive and family health providers available anytime day or night, including:
 - Mental health providers
 - Doulas
 - Nutritionists
 - OB-GYNs
 - Career coach
- Access to providers who speak 35+ languages—with Spanish, Hindi, French, German, Italian & Hebrew being most popular



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Expert-approved resources

Navigating your family-health journey can be overwhelming—find trusted support and guidance with our expert-approved library of resources—from classes to forums.

On-demand classes

Live classes

Articles

Community forums

< How to manage stress and anxiety



ON-DEMAND CLASS

How to manage stress and anxiety



Led by Kristen Routh
Mental Health Provider

Learn effective techniques to help you better manage stress and anxiety, from Mental Health Integrative Medicine Provider Kristen Routh.

Watch class

Learn



Unselected

Selected

Learn how you like to

Watch on-demand classes any time, or join events for Q&A with our experts.



Join virtual events

View all

NOV 10

Breastfeeding 101

7:00 - 8:00 PM

Led by a Lactation Consultant



On-demand classes

View all

Sleep training



How to manage common...



ON-DEMAND CLASS

How to manage common menopause symptoms



Led by Jane Smith
Maven OB/GYN

Hot flashes, night sweats, mood



Pediatrics & Parenting

Fertility

My posts and replies

Trending posts

IVF Help

I'm starting the IVF process soon. Any advice on managing cost and resources available? Any feedback would be appreciated. It feels ove...

Anonymous · Fertility

3 1 provider reply

My 10 week old won't take a bottle

My 10 week old son won't take a bottle from his dad. We've tried so many times and come up with our poor baby in tears and my husband...



Shanon122387 · Pediatrics & Parenting

Maternity & Newborn Care

Virtual support for those sleepless nights, first smiles, and everything in between.

Get support with things like:

- Childbirth education
- Creating a birth plan
- Postpartum recovery
- Breastfeeding, bottle feeding, and starting solids
- Navigating infant sleep
- Managing your mental health
- Returning to work
- Miscarriage and loss support



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Top providers booked in the Maternity program include:

- Doulas
- Childbirth Educators
- OB-GYNs
- Mental Health Providers
- Lactation Consultants
- Birth Planning Specialists

Support for partners

Maven supports partners through the joys and challenges of parenthood.

Partners can use Maven to:

- Access resources to learn how to support their partner through during pregnancy & postpartum
- Attend appointments together from home
- Take care of their mental health and manage stress and anxiety
- Manage work/life balance with a career coach
- Navigate newborn & pediatric care



We're here to help

Book a video call or message one of our top-rated providers. We're here for you, 24/7.

Search by interest or provider type

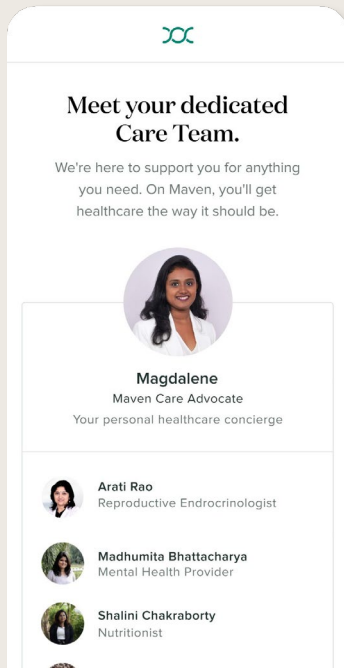
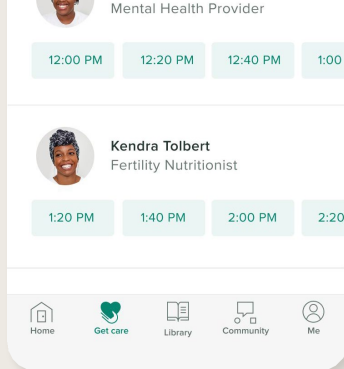
EXPLORE



Meet with your Care Team

Get personalized support from providers you've matched with or spoken to in the past.

View Care Team >



The best part?

You have access to Maven's programs at no cost to you!

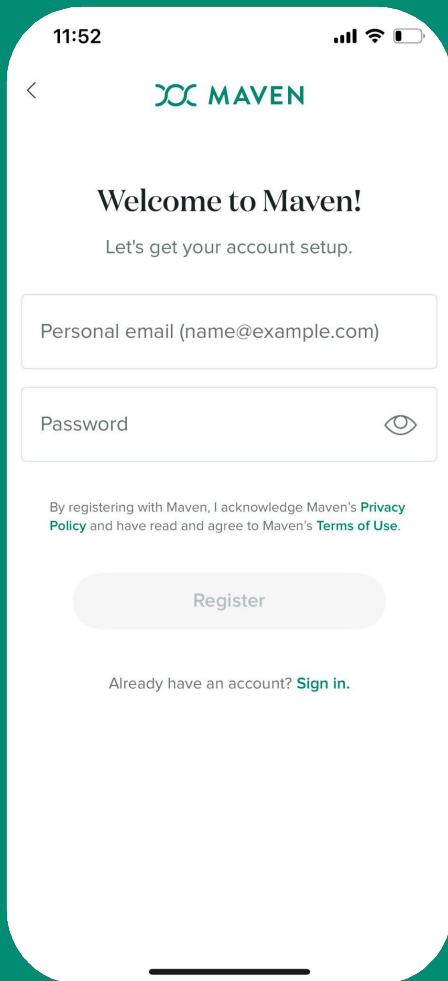
This means there are no co-pays or out-of-pocket costs for Maven visits or resources.

How to sign up for your Maven membership



mavenclinic.com/join/cr-overview





11:52

 MAVEN

Welcome to Maven!

Let's get your account setup.

Personal email (name@example.com)

Password 

By registering with Maven, I acknowledge Maven's [Privacy Policy](#) and have read and agree to Maven's [Terms of Use](#).

Register

Already have an account? [Sign in](#).

1. Create your free Maven account and get verified

Go to mavenclinic.com/join/overview or register by downloading the Maven Clinic App.

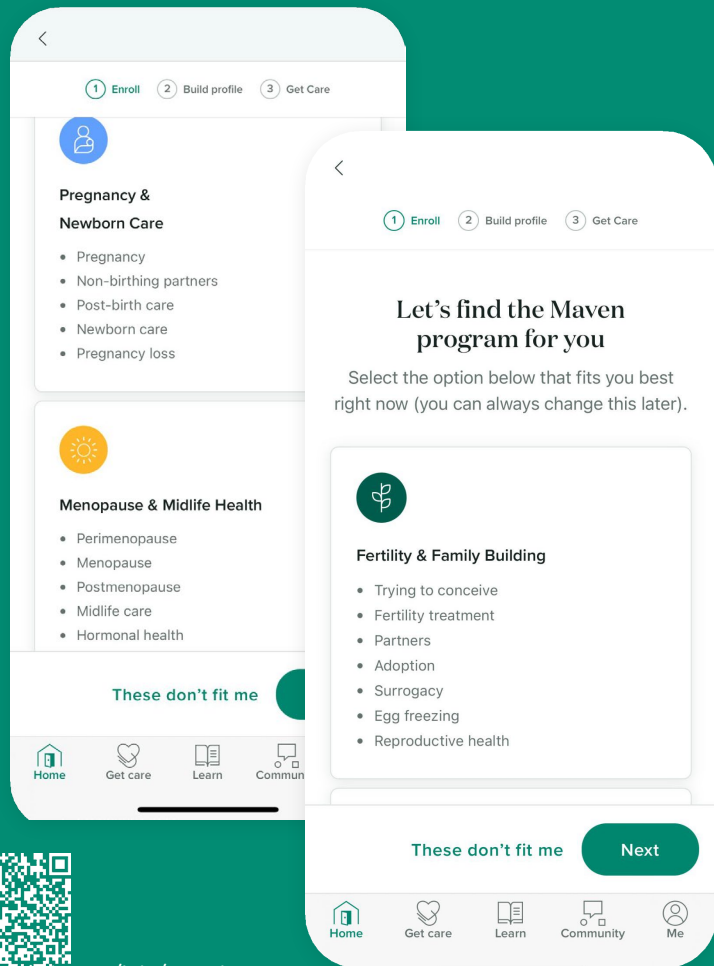
Email support@mavenclinic.com if you need help signing up.



Maven



mavenclinic.com/join/overview



2. Choose a custom track that meets your and your partner's needs

Your partner will be prompted to use some of your information to validate their own membership when signing up.





3. Build your personal profile and get started today!

You can meet with your Care Advocate, message or visit with a provider, watch a class, or read an article right away.



We're with you.



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