

Healthy mouth. Healthy body. Happy face.

Get to know the Cigna Dental PPO (DPPO) plan.



The power of preventive dental care

When you enroll in the Cigna Dental PPO (DPPO) plan, certain preventive dental care services like cleanings, oral exams and routine x-rays are covered at no additional cost when you use a network dentist.¹ And those visits are about more than brightening your smile — they're important for maintaining your overall health, too.

\$484

People with chronic conditions who receive routine preventive care save an average of \$484 per year.²

23%

People who get regular preventive care are **23 percent less likely to need care at an emergency room or urgent care center.**²

Your plan includes other features and benefits to help make getting dental care simple and affordable, including:



Enhanced flexibility

The Cigna DPPO plan allows you to choose any licensed dentist for care. However, you'll save more by using a dentist in the Total DPPO network. The Total DPPO network offers convenient access to highly rated dentists all across the country and savings on covered dental services.¹



Savings and convenience

Network dentists have agreed to reduce their fees for Cigna Healthcare® customers. They will also file claims for you and they cannot "balance bill" you for the difference between their regular fees and the reduced fees they have agreed to accept from Cigna Healthcare.



Preventive care at no additional cost

Your plan covers certain preventive care services like cleanings, oral exams and routine x-rays **at no additional cost** when you use a network dentist.¹



What is balance billing?

Balance billing happens when a dentist who isn't in your plan's network charges more than your plan pays. Balance billing is a risk when you get services from an out-of-network dentist, so it helps to understand the difference between in-network and out-of-network dentists.

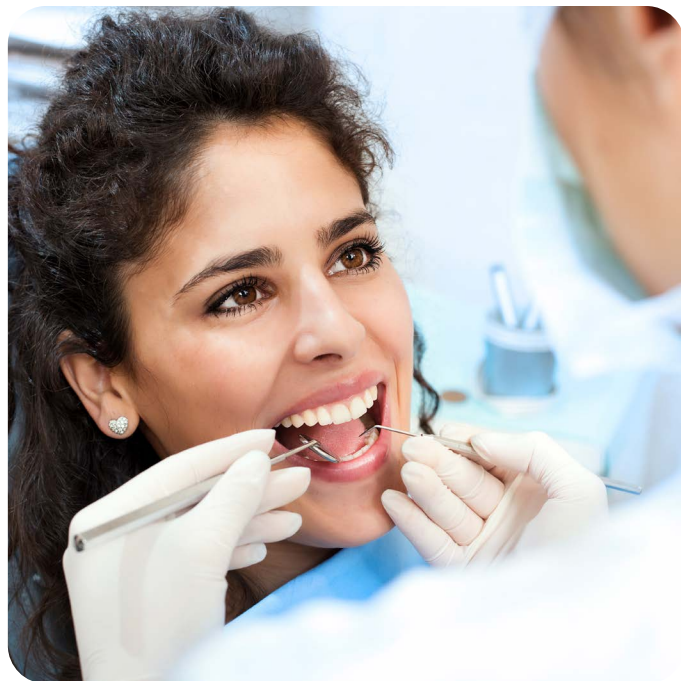


Find dentists in the Total DPPO network.

You can search for network dentists before your benefits become active by visiting Cigna.com.

- Select “Find a Doctor, Dentist or Facility”
- Follow prompts to search by type of dentist or by dentist name.
- When prompted to select a plan, choose “DPPO/EPO > Total DPPO”

Once your benefits become active, you can use your myCigna.com® account to access enhanced search tools including verified patient reviews, Brighter Scores® and a treatment cost estimator that shows costs specific to your plan.



No ID card needed!

You don't need an ID card to receive care from network dentists. Simply make your appointment and provide identification to the office staff. They can verify your coverage with Cigna Healthcare. You can also access a digital ID card after your benefits are effective and you have activated your myCigna.com account.³



Dental coverage that keeps you smiling and helps you stay healthy.

Questions?

We're here to help 24/7/365, with live customer support in over 150 languages. Call 1.800.Cigna24.



1. Not all preventive services are covered, including athletic mouth guards. Refer to the policy for a complete list of covered and non-covered preventive services. Frequency limitations apply.
2. Cigna Healthcare internal study, December 2024. Savings reflected in total medical costs. Individual results may vary.
3. Children under age 13 are not permitted to register for a personal profile at myCigna.com.

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